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PRESS RELEASE
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Renowned Psychotherapist Noel McDermott Joins Charity DrugFAM as a Trustee

[DrugFAM](#) are delighted to announce that Psychotherapist [Noel McDermott](#) has been appointed as a charity Trustee. DrugFAM provides a lifeline to families, friends and partners affected by someone else's addiction to drugs and/or alcohol and those who have been bereaved by substance misuse.

DrugFAM works with 3,000 families a year and runs a National Lottery-funded helpline which takes 10,000 calls annually. The charity was founded by Elizabeth Burton-Phillips MBE in memory of her son Nick, who tragically took his own life at the age of 27 due to relapsing. Remarkably her other twin son, Simon, vowed to quit drugs after his brother's death and now helps his mother run the Berkshire-based charity.

Speaking about the announcement, Elizabeth Burton-Phillips, Founder of DrugFAM says: "We are delighted to welcome Noel as a Trustee of DrugFAM. We look forward to working with him as we look to position DrugFAM as a lifeline for families, friends and partners affected by someone else's addiction. We hope that our collaboration with Noel will help to amplify our messages and maximise the success of our campaigns."

Licensed psychotherapist Noel has over 25 years of clinical experience working with those struggling with addiction. He is well-known to the UK media and he writes and provides comment for national press titles such as the Daily Mail, Daily Express and The Daily Telegraph. He also produces and presents his own weekly show on Men's Radio Station 'Well-being Wednesdays with Noel McDermott' interviewing expert guests and discussing topical mental health issues. Noel's show informs listeners with practical advice and information for improving their own mental health and further the understanding of the mental health of those around them.

Today, Noel runs a group of successful psychotherapy and consultancy businesses providing long-term health and social care plans designed to support individuals and families struggling with depression, addiction and trauma. His company Mental Health Works offers wellbeing in the workplace advice and solutions for employers and creates bespoke care models for highly valued executives.



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Noel says: “it’s a huge honor to have been appointed as a Trustee for DrugFAM. I’m passionate about helping those affected by addiction to drugs and/or alcohol, and I look forward to working alongside DrugFAM to raise awareness of the issues associated with substance addiction”.

Noel joins DrugFAM at an exciting time as they recently received a special recognition award at the 25th Birthday National Lottery Awards, which will be broadcast on BBC One on 19th November 2019. Viewers will see Downton Abbey star Hugh Bonneville hand over a 25th Birthday National Lottery Awards trophy alongside presenter Ore Oduba, to Elizabeth at the star-studded bash. They will also show a short film highlighting the inspirational work DrugFAM do.

Ends.

For more information please contact Natalie Clarke
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